## DO MORE FOR YOUR HEART FAILURE: PREPARING FOR YOUR VISIT

During your visit, asking questions will keep you informed and allow your doctor to know more about you.

## Here are some questions you may want to ask:

- What type of heart failure do I have?
- What stage is my heart failure?
- How serious is my heart failure?
- How do you track the progress of my heart failure?
- · How could heart failure impact my mental health?
- Where can I get more information about heart failure prevention and treatment?
- Are there signs or symptoms that I should watch out for?

- Can my heart failure get worse even if I am taking medication?
- What can I do to help keep my heart failure from getting worse so I can maintain a good quality of life?
- If my heart failure gets worse, what therapies and treatments are available besides medications?
  Do you offer these options?
- How can treatments improve my quality of life?
- What is advanced heart failure?

## Use this space to write down additional questions or notes.



These materials are not intended to replace your doctor's advice or information. For any questions or concerns you may have regarding the medical procedures, devices and/or your personal health, please discuss these with your physician.

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